

MARCH NEWSLETTER



LEADERSHIP CORNER FROM OUR VICE PRESIDENT



Dear Esteemed Members,

This month, we've come together to celebrate Down Syndrome Awareness, shining a light on the incredible individuals and families in our down syndrome community. In those celebrations, we had our annual World Down Syndrome Day bowling event where we all celebrated, bowled, ate, and had a great time with our community.

Other Events/Activities we held were our monthly Coffee and Conversation gathering. Parents came relaxed, unwinded, and discussed with other parents about many topics that they were concerned or interested in. Our monthly Read A-Long was a shamrock full of fun as well. The book discussed

We've seen how small acts of kindness, understanding, and support can lead to big changes. Whether it's through raising awareness, attending events, or simply starting conversations, we are making an impact.

We are all excited for what we have instore for our organization these upcoming months.

With heartfelt gratitude and hope,

Isabel Rojas-Knapp
Vice President
BROWARD GOLD COST DOWN SYNDROME



STAY INFORMED!

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Let's
Recap

SCROLL DOWN FOR A
QUICK PEEK AT THE
FUN WE HAD THIS
MONTH!



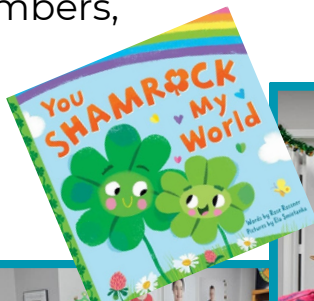
MARCH ACTIVITIES

Our Children's Social Group

Our kids had a great time at the Tradewinds & Atlantic Railroad for a farm adventure. Thanks to our social coordinator, Patricia Garland for organizing the event for our members,



PONYS & TRAINS



Read-Along

At our monthly Read Along, we celebrated St. Patrick's Day with friends! What a shamrock kind of day!



READ, EAT, PLAY, LOVE!

World Down Syndrome Day

WOW! What a great time we all had at our yearly bowling gathering, celebrating our kiddos and how special they are!



BOWLING TIME!

MARCH GROWTH

FUNDRAISING, LEADERSHIP, COMMUNITY

World Down Syndrome Day Shirt- STILL AVAILABLE! First come first served. Scan QR code or go to our shop on our site to purchase. <https://bgcdownsyntax.org/shop/>



FT Lauderdale United FC- Honorary Captain! We are proud to say that one of our very own members will be an honorary captain at the remaining home games for Ft. Lauderdale United FC. Get your tickets now and help BGCDSO raise funds from every ticket sold. See attached flyer!



**BROWARD GOLD COAST
DOWN SYNDROME ORGANIZATION**

FOR EVERY TICKET PURCHASED THROUGH THIS FUNDRAISER, \$5 WILL GO DIRECTLY TO BROWARD GOLD COAST TO HELP SUPPORT THEIR INCREDIBLE WORK TO OUR COMMUNITY.

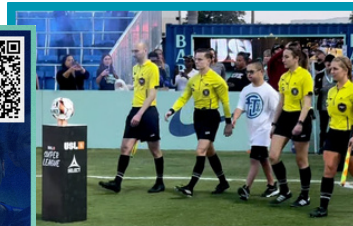
FOR EVERY TICKET PURCHASED THROUGH THIS FUNDRAISER, \$5 WILL GO DIRECTLY TO BROWARD GOLD COAST TO HELP SUPPORT THEIR INCREDIBLE WORK TO OUR COMMUNITY.

DON'T MISS YOUR CHANCE TO ENJOY AN EXCITING, FAMILY-FRIENDLY ATMOSPHERE BEFORE THE SEASON ENDS! PLUS, TAKE ADVANTAGE OF OUR \$6 PIZZA AND DRINK COMBO TO MAKE YOUR MATCHDAY EXPERIENCE EVEN BETTER.

SCAN QR CODE TO SECURE YOUR SEATS AND BE PART OF THE ACTION!

MIDFIELD	\$28
SIDELINE	\$22.40
GENERAL ADMISSION	\$16

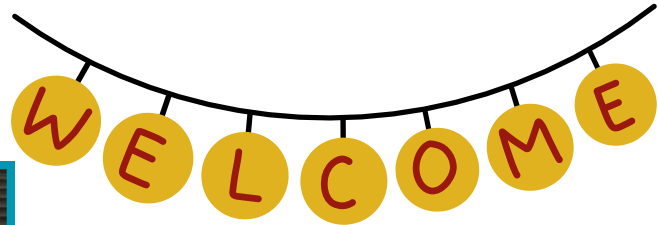
* DISCOUNT APPLIED AT CHECKOUT



GOAL!



New Members- We give a warm welcome to new members at BGCDSO! We are beyond proud of serving and supporting many more families!



- Robert Lauriston
- Cecilia Losada
- Jeremiah Miller
- Christa Nabar



See more on



MARCH

Benson



Madison



Marcia



Eva



Chad



MARCH UPCOMING EVENTS

- 4.05 | Youth Mental Health First Aid Training**- Let's take advantage of this one day training and learn how to guide our special ones through mental health.
- 4.05 | Spring Shopping Social**- Let's shop for a cause! When you shop at the Shopping social BGCDSO will receive a percentage of the profits.
- 4.07 | Sicilian Oven**- Dine and help raise funds for BGCDSO! Let them know you are supporting us and they will give back a portion of the sale. Thank you!
- 4.09 | Photo & Video Shoot**- Lets smile for the camaraderie! We are going to broadcast our special superstars in our soon to come updated website!
- 4.12 | New families Luncheon**- Join us welcoming new families to our beautiful community!
- 4.19 | Hoppy Egg Hunt 2025**- Spring is coming! Join us at Tree Tops Park Davie for a picnic and arts & crafts.
- 5.03 | Adult Mental Health First Aid Training**- Let's take advantage of this one day training and learn how to guide our special ones through mental health.
- 5.10 | Make A Mother's Day Floral Arrangement**- Time to make our moms feel extra special! Limited to first 30 who reserve.
- 5.17 | Hello Summer Dance**-Join us in welcoming summer by dancing, socializing and having lots of fun!



Youth Mental Health First Aid Training
Saturday, April 5th @ 9:00am
Broward Gold Coast's Office
7301 NW 4th Street, Ste 103
Plantation, FL 33317

FOR OUR MEMBERS AGES 12-17
FREE ONE-DAY TRAINING (6-8 HOURS)
NO PRE-REQUISITE TO ATTEND
LUNCH INCLUDED
FEW SHORT BREAKS

RSVP TO
EVENTS@BGCDOWNSYNDROME.ORG



Sicilian Oven
GIVES BACK
Come dine with us to help raise funds for

Broward Gold Coast Down Syndrome Organization

Broward Gold Coast Down Syndrome Organization
Monday, April 7, 2025

Sicilian Oven
801 S. University Drive • Plantation, FL 33324
954.533.1047

DINE IN OR TAKE OUT
(11:30am - 10:00pm)

Let your server know you are here to support this give-back night and a portion of your sales will be donated back to the organization!

Follow, share, & tag us on social media to help spread the word:
@sicilianoven @thesicilianoven1 @sicilianoven



New Families Luncheon

PLEASE JOIN US IN WELCOMING NEW FAMILIES TO OUR BEAUTIFUL COMMUNITY


APR 12 2025
12PM-2PM
7301 NW 4TH STREET, SUITE #103
PLANTATION, FL 33317

SPONSORED BY:
ASPI
A Special Miracle



Adult Mental Health First Aid Training
Saturday, May 3rd @ 9:00am
Broward Gold Coast's Office
7301 NW 4th Street, Ste 103
Plantation, FL 33317

FOR OUR MEMBERS AGES 18+
FREE ONE-DAY TRAINING (6-8 HOURS)
NO PRE-REQUISITE TO ATTEND
LUNCH INCLUDED
FEW SHORT BREAKS



HELLO SUMMER DANCE

SATURDAY, MAY 17TH
11PM - 4PM

LOCATION:
LONG KEY CENTER
3501 SW 130TH AVE,
DAVIE, FL 33330

ENTRY, \$10 PER PERSON

RSVP:
EVENTS@BGCDOWNSYNDROME.ORG

PREPAY ENTRANCE HERE

OR
HTTPS://BGCDOWNSYNDROME.ORG/DONATE



BGCD SPRING SHOPPING SOCIAL

All proceeds donated to:

WHERE: Lucy Whitson's House
WHEN: Saturday, April 5th - 11:00 am-3:00 pm
RSVP: Lucy (954) 214-1360 or shopgirl@fot.com

GREAT CHANCE DRAWING PRIZES

COME AND GO AS YOU PLEASE - EAT, DRINK, SMILE, LAUGH

Park Lane Jewelry The Bag Lady
Manili's Creations Starlucks Coffee
Bakery, Sweets & Many More Vendors & Treats

Black Pearl White signature toast



SPONSORED BY: **BLACK DIAMOND**

REGISTERED MEMBERS
PHOTO & VIDEO SHOOT

We are looking for 20 individuals (any age) with Down syndrome for an organization photo and video shoot that will be posted on our website and social media.

If interested please RSVP by 3/28 at:
EVENTS@BGCDOWNSYNDROME.ORG

DATE: WEDS. APRIL 9TH
TIME: 5:00 PM
LOCATION: SUNNISE, FL
LOCATION DETAILS ONCE RSVP RECEIVED



HOPPY EGG HUNT 2025

SATURDAY, APRIL 19TH
10AM-12PM

TREE TOPS PARK DAVIE
SABAL PALM SHELTER
NEAR SAFETY TOWN

PICNIC, ARTS & CRAFTS,
AND EGG HUNT!

EGG HUNT AN EVENT FOR ALL AGES
RSVP
EVENTS@BGCDOWNSYNDROME.ORG
BY APRIL 12TH



MAKE A Mother's Day FLORAL ARRANGEMENT

Current Member + Individual with Down syndrome
May 10th at 11am - 2pm

Long Key Nature Center
3501 SW 130th Ave
Davie, FL 33330

LIMITED TO FIRST 30 RSVP'S
RSVP: events@bgcdowndownsyndrome.org
PLEASE RSVP BY APRIL 28TH

MARCH SPECIAL THANKS

Walmart 



**Thank you to Walmart/Sunrise Sam's Club
Facility #6341 for choosing Broward Gold
Coast Down Syndrome Organization to
receive their Community Grant!**

**We appreciate your support. Every
donation received helps us to continue our
mission!**