

Corporate Sponsors

(Name on T-shirt for Silver and up)

Corporate Sponsors must be received by 09/30/18

Name of Sponsor _____

- Bronze \$250 Gold \$1000
 Silver \$500 Platinum \$2500+

I cannot participate in the walk, but I have enclosed a donation.

I will be walking as part of a team

I am enclosing donations totaling \$ _____

For more information, visit

bgcdownsndrome.org/SU4DS/sponsor/

What is Broward Gold Coast Down Syndrome Organization?



Broward Gold Coast Down Syndrome Organization

Broward Gold Coast Down Syndrome Organization is a non-profit parent support group working to enhance the lives of individuals with Down syndrome. Gold Coast offers a variety of services in many areas, such as... newsletters, meetings, guest speakers, workshops, social events, advocacy, new parent visits, playgroups, teen youth group and more.

Down Syndrome Awareness Month is a chance to spread awareness, advocacy and inclusion throughout the community. During the month of October, we celebrate individuals with Down syndrome and make people aware of their abilities and accomplishments. We have friends everywhere helping spread the word. Join in on the celebration!

About Down Syndrome

Down syndrome is a chromosomal abnormality affecting more than 400,000 individuals in the United States. Individuals with Down syndrome possess a wide degree of abilities and are active participants in social, educational, occupational and recreational activities in the community.

To learn more about our organization, please visit bgcdownsndrome.org

Help Us Make a Difference Register for the SU4DS Walk & 5K Run!



ONLINE

Register and/or make a general donation online at bgcdownsndrome.org/SU4DS

Need help? Contact su4dsonlinehelp@gmail.com.

Broward Gold Coast Down Syndrome Org.
9900 West Sample Road, Suite 339
Coral Springs, FL 33065

954-825-0400 • www.bgcdownsndrome.org

Special Thanks:



Sunday, October 21, 2018
Starts 8:30 am

Markham Park:

16001 W State Rd 84, Sunrise, FL 33326

Gate entrance fee: \$1.50/person (children 5 & under free)



Broward Gold Coast Down Syndrome Organization

954-825-0400

Register for SU4DS & 5K Run at www.bgcdownsndrome.org/SU4DS

Step Up 4 Down Syndrome

- ◆ Register online at www.bgcdownsyntax.org/ **SU4DS by 10:00 pm, October 19, 2018**
- ◆ Check in begins at 7:30 am
- ◆ Participants receive a SU4DS t-shirt, *first come first serve*
- ◆ **Discount for Pre-registration, Deadline Sept. 30, 2018: \$15 per person**
- ◆ Starting October 1, 2018 Registration: \$20 per person through 10pm, October 19, 2018
- ◆ Day of Walk: \$25 per person
- ◆ Individuals with Down syndrome and children 5 and under walk FREE
- ◆ At 8:30 am the walk begins at Markham Park and is led by individuals with Down syndrome

We walk and run rain or shine!



5K Run

- ◆ Register online at www.bgcdownsyntax.org/ **SU4DS by 10:00 pm, October 19, 2018**
- ◆ Check in begins at 7:30 am
- ◆ 5K starts promptly at 8:30 am
- ◆ Participants receive a SU4DS t-shirt, *first come first serve*
- ◆ Pre-Registration is \$25 per person
- ◆ Pre-registration Student runners (ages 6-18) \$15 per person
- ◆ Individuals with Down syndrome and children 5 and under run FREE
- ◆ Day of race \$30 per person, \$20 Student Runners (ages 6-18)
- ◆ 5K registration MUST be completed online
- ◆ **Scoring:** The 5K Run will be chip timed. All participants will be issued a timing chip and number on race morning which should be picked up least 30 minutes prior to the start. Failure to wear a timing chip during the event will disqualify the participant from being scored in the results. All participants must return their rental timing chip to the volunteers at the finish line or they will be billed \$30.
- ★ Awards will be given shortly after race to:
 - the top 3 overall male/female runners
 - the top master male/female runners
 - the top 3 male/female runners in the following age group categories: 6-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, & 70+

Fun in the Park (PLEASE NO PETS)

- ◆ Breakfast provided after walk/run
- ◆ Entertainment, DJ, Rock Wall, Bounce House, Raffles, Personal Ponies, Etc.

Raising Money

- ◆ Ask friends, family, neighbors, co-workers to sponsor you.
- ◆ Raise funds online at www.bgcdownsyntax.org/ SU4DS Follow directions to create your own page. It's secure, easy, and a very effective way to reach out to family and friends everywhere.
- ◆ Mail donations to the office and make checks payable to Broward Gold Coast Down Syndrome Organization (BGCD SO), write SU4DS & name of walker on the memo line.

Teams

Teams consist of individuals who collectively raise donations in the name of their team. **The teams that register 20 walkers or raise \$200 by September 30, 2018 are eligible for the "I am ..." signs.** For more information, please contact our Team Coordinator's, Desiree Fries and Jennifer Guitar at SU4DSTeams@gmail.com.

Let your Team Stand Out, be Creative!

Create a team banner or sign in support of your loved one with Down syndrome. Award will be given for best banner after the walk.

Registration

All contributions are tax deductible as allowed by law. All registrations are non-refundable.

NAME

ADDRESS

CITY/STATE/ZIP

DAYTIME PHONE

EMAIL

WALKER #1 NAME

SHIRT SIZE: 2T 4T XS S M L XL 2XL 3XL 4XL

WALKER #2 NAME

SHIRT SIZE: 2T 4T XS S M L XL 2XL 3XL 4XL

WALKER #3 NAME

SHIRT SIZE: 2T 4T XS S M L XL 2XL 3XL 4XL

WALKER #4 NAME

SHIRT SIZE: 2T 4T XS S M L XL 2XL 3XL 4XL

SU4DS Registration *Must be received by 10/19/2018*

- Individual/Team Member - \$15pp through 9/30/18
- Individual/Team Member - \$20pp through 10/19/18
- Individual w/Down syndrome FREE

NAME

Children 5 and under FREE

SU4DS 2018 t-shirt required for event participation

5K Run Registration must be completed online by 10/19/18, see 5K Run section for more information

SIGNATURE

DATE

This registration is not valid unless signed and you are agreeing to the waiver below. Please note if you are registering a family or multiple individuals for the BGCD SO SU4DS Walk that all participants are agreeing to the following waiver.*

*In consideration of me and/or my minor child being permitted to participate in the Step Up 4 Down Syndrome Walk and 5K Run, I hereby for myself, my heirs, and personal representatives assume any and all risks that might be associated with the event. I further waive, release, discharge and covenant not to sue the BGCD SO, their programs, officers, employees, sponsors, organizers, volunteers, or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself and/or my minor child as a result of taking part in the event and any related activities. I also authorize the use by BGCD SO and their programs of any photo, film or videotape taken of me and/or my minor child at the event for any purpose.